There is a trend of increasing amount of noise in our life. Why could this be a problem? What can be done to reduce it? Give your own opinion support it by samples.

After the Industrial Revolution and <u>introducing/introduction of</u> machinery in human life, noise disturbance became a permanent problem, notably in cities. However, the modern era <u>itself</u> may provide <u>itself</u> some solutions.

Firstly, these such high noise levels result in disturbance to citizens' sleep and rest, thereby and consequently changing their professional conduct. People are required to relaxing and reduce their tensions, which they gain during the a day. However, if noise pollution continues during the night or weekend, citizens could not be able to recover and if this circumstance becomes ongoing for a long time, they will take sick and face some serious mental/psychological issue/problems. For tackling with this issue, it is suggested that by introducing some new laws against noise makers specially in residential areas and imposing fines on them, our residential areas/living places will became become more quite. In addition, dividing industrial and living regions from each other would be a long plan for this aim/to this end.

Second, these unwanted noises are an essential factor for in distracting many people like employees and students who require a peaceful atmosphere for doing their duties. Nonetheless, the din of mega or industrial cities takes citizens' attention and interrupts their job. For instance, it is common when you are focusing on your tasks; an ambulance comes and by its alarm/siren totally confuses you. As result, the productivity will decrease generally and the learning process at schools or colleges will encounter some difficulties. To remedy, some recommend using soundproof walls and windows and some new technologies like noise canceling headphones. Moreover, it seems that the same measure that is used in cities the former, relocating industrial zones to suburbs and using public transportations more than noisy private vehicles, can reduce noise pollution significantly.

In conclusion, while it appears <u>that</u> noise pollution is <u>an</u> inevitable part of the modern life, <u>by</u> through amendment to current noise regulations and employing

new technologies in noise mitigation, our cities would be peaceful.	e places that are more